
*We are making the
change for
NICU Families.*

NICU CITY
HEADQUARTERS

SACRAMENTO, CA 95823

Contact Us

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www.GLOPREEMIES.org



GLO Preemies
NICU CITY

"3 Step Program"

Helping NICU Families

— Since 2014 —

Acceptance Email

Congratulations!

You have been accepted to the GLO Preemies NICU CITY "3 Step Program". We are excited to support you and your family. GLO Preemies is a 501c3 and was founded in 2014 by President Ashley Randolph who is also a mother of 3 children born premature. It has always been a dream for Ashley to offer a support program that provided Family Centered Care to African-American NICU Families.

All of our in-house services are free of charge to our families nationwide and over 90% of our services and workshops are virtual.

You will have a case manager who will be your "go-to" person for any assistance you may need.

"You can schedule an appointment with your Intake Manager if you need further assistance from the virtual appointment button."

The 3 Steps

STEP 1

The First Step is High-Risk Pregnancy and includes Sign-up for NICU CITY "3 Step Program", workshops, doulas, and care boxes.

STEP 2

The Second Step is from the NICU until 5 years old and includes Sign-up for all available workshops, care boxes, transportation assistance, virtual home visitation, financial support and more.

STEP 3

The Third Step is from 5 Years old until 18 Years old and includes tutoring services, workshops, IEP review, transportation assistance, career workshop and more.



Documents To Return

**SUBMIT WITHIN 48 HOURS ON
WWW.GLOPREEMIES.ORG/HOME-1**

- Telehealth Consent Form
- HIPPA Agreement Form
- Group Therapy Consent Form

Services can be scheduled after your first virtual home visitation meeting. Intake appointments do not need to be by phone or via online if the family does not require assistance.

Please inform your case manager if you would like to speak by phone or via online for assistance on your intake appointment date.

The 3 Step Program

GLO Preemies 3 step program is for NICU Families from 0 - 18 Years Old. High Risk pregnant families are invited to sign up for a free quarterly care box and help locating a doula. If the birth results with a preemie, the family will be accepted into the NICU CITY Program.

The NICU CITY program is an all-inclusive program that has all 3 steps plus more for families until the preemie turns 18 Years Old. 500 Families are automatically accepted quarterly after having a preemie and receiving their first care box.

Intake appointment letters inform you of what day the documents should be returned and the contact information for your intake worker.

*NICU CITY
Healthcare
coming in the
near future!*

The Services

WORKSHOPS

In order to achieve our goal of promoting a healthy lifestyle for the NICU families, we organize workshops and events. For these programs, the parents may be accompanied by their spouse, mother, mother-in-law or other close relative. All workshop is provided virtually online by an instructor. Workshops are in 6 week sessions to discuss topics such as: Postpartum, Co-Parenting, Career Support, and more.

SUPPORT SERVICES

Through our Support Services, we have the potential to make a real and positive change in the community. Through collaborations, we have created a list of resources that can help NICU families thrive. We also have staff to provide support to our families such as: Mental Health, Occupational Therapy, IEP Review, Tutoring Services, and for high-risk pregnant mothers we will offer free doula support.

ONGOING CARE

Recognizing the enormity of the challenges our society faces, GLO Preemies is dedicated to making a lasting impact through our programs. see how we can support your family for the next 18 years.



Admissions Ongoing

PROCEDURE

- Submit required documents on www.GLOPreemies.org/home-1
- Case manager will schedule first virtual home visitation appointment within 2 weeks
- Workshop schedule will be emailed to NICU Families within 2 weeks of Intake Date